



# The Phoenix Center Breakfast Menu



## January 2023

STUDENT NAME \_\_\_\_\_ ROOM # \_\_\_\_\_

**Milk Choice:** In the menu below, please **CIRCLE** the milk choice for each day using the following key **OR ONE** milk choice for February.

1% - White Milk      L - Lactaid      S - Strawberry      C - Chocolate

Monday	Tuesday	Wednesday	Thursday	Friday
2 <b>School Closed</b>	3 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	4 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	5 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	6 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
9 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	10 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	11 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	12 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	13 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
16 <b>School Closed</b>	17 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	18 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	19 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	20 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
23 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	24 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	25 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	26 Whole Grain Bagel Cream Cheese Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	27 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C
30 Daily Cereal Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C	31 Strawberry Yogurt NutriGrain Bar Graham Cracker Daily Fruit Milk Choice Alt _____ 1% L S C			

### School Breakfast Information:

- Student breakfast and gluten free breakfast options: grain, fruit, and milk. All breads and grains are whole grain rich.
- If paying with a check, please write in **black or blue ink only**.
- Daily **ALTERNATE MEAL** options: Daily Cereal served with Graham Crackers or Daily Yogurt served with a NutriGrain Bar and Graham Crackers.
  - All Alternate Meals are served with daily fruit and choice of milk.
- **Menu subject to change due to product availability**  
**TO CANCEL MEALS CALL: 973-542-0823 by 8:00 AM**  
**SEE BACK FOR MENU PRICING**